

# Welcome, Event Guests!

Find everything you need to know about  
your visit to MAC inside.



Multnomah Athletic Club

1849 SW Salmon St, Portland, OR 97205



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## WI-FI

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- Connect to **WiMAC\_Guest**
- Enter password: **Welcome1891**

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*Multnomah Athletic Club is Portland's leading – and oldest – social and athletic club. Serving more than 20,000 members, it's comprised of 600,000 square feet situated along historic Salmon Street in downtown Portland. MAC, as it's known, overlooks Providence Park, home of the Timbers and Thorns soccer teams. First-class facilities meet robust fitness, wellness, dining, and recreational and competitive sports offerings to create a community unlike any other.*





## POLICIES AND PROCEDURES

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### **Athletic Code of Conduct**

Multnomah Athletic Club's Athletic Committee has adopted the following code of conduct for all participants in MAC sponsored athletics:

1. While competing at any venue, we will play fairly and encourage fellowship among our opponents and ourselves.
2. We will treat each other, our opponents, guests, officials, and staff with dignity and respect.
3. We will at all times, whether as competitors or spectators, conduct ourselves in a sportsmanlike manner, and we will not tolerate any among us who do not.
4. We will not tolerate the use of performance-enhancing drugs to gain a competitive advantage.
5. We will instill these values in our junior members and guests through education and example.
6. We will not intentionally cause physical or emotional injury, including, but not limited to, intentionally using profanity, abusive language or discriminatory epithets.
7. We will comply with all MAC "safe sport" standards. Any act considered offensive by reasonably accepted community standards is a violation of the MAC Athletic Code of Conduct.

### **Food and Beverage Policy**

Outside food may be brought in and served only in athletic spaces/venues, subject to MAC rules, as well as Multnomah County health department regulations. There is no external food allowed in the club's social, meeting, or banquet room spaces.

## Food and Beverage Policy (Continued)

MAC's Food & Beverage team has an Athletic Events Catering Menu tailored specifically for hosted competitions at the club. See menu below.

## LUNCH AND DINNER BUFFETS

Buffets include choice of coffee and hot tea or lemonade and iced tea + ice water. *Minimum 20 people.*

### PORTLAND TACO TRUCK OR BURRITO BAR

**Athletic Space \$23 | Banquet Space \$25**

jalapeno-lime carna asada **G D**  
citrus pollo **G D**  
roasted veggie and poblano peppers **G D V X**  
flour tortilla **D**  
queso fresco **G**  
onion-cilantro **G D X**  
spicy lemon aioli **G V**  
lime **G**  
heirloom carrot slaw **G V**  
cookies

### THAI CURRY BOWL

**Athletic Space \$16 | Banquet Space \$18**

red chicken **G D**  
green vegetable **G X**  
green papaya salad **G X**  
lemongrass-ginger sticky rice **G X**  
cookies

*tofu available upon request*

### HAWAIIAN PLATE LUNCH

**Athletic Space \$12 | Banquet Space \$15**

grilled teriyaki chicken  
jasmine rice **G V X**  
mac salad **V X**  
cookies

*tofu available on request*

### BACKYARD BBQ

**Athletic Space \$29 | Banquet Space \$31**

bbq carlton farms pork ribs **G**  
apple wood smoked brisket **G**  
summer potato salad **G**  
poppy seed-green apple coleslaw **G**  
watermelon salad **G V X**  
corn elote **G V**  
cookies

### SOUP, SALAD, BREADSTICK

**Athletic Space \$12 | Banquet Space \$14**

chicken vegetable soup **G D**  
soup du jour **G**  
summer green salad **G X**  
greek salad **V G**  
sharp cheddar bread sticks **V**  
cookies

### ITALIAN OSTERIA

**Athletic Space \$19 | Banquet Space \$21**

baked ricotta ziti  
penne pesto chicken  
farfalle ham & pea papaline  
warm garlic-cheddar bread **V**  
portabella mushroom-artichoke chop salad **V**  
cookies

### 1891 BURGER CART

**Athletic Space \$12 | Banquet Space \$15**

portland coffee roasters espresso rubbed burgers  
potato crunch  
sharp cheddar cheese  
uncle t's bbq, spicy lemon aioli  
toasted brioche buns  
cookies

### MEDITERRANEAN MEZZA

**Athletic Space \$23 | Banquet Space \$25**

chicken kabab **G**  
lamb kabab **G**  
falafel **X**  
yogurt sauce **G**  
fire-roasted baba ghanoush **G X**  
hummus **G V X**  
feta  
tabbouleh **X**  
marinated olives **G V X**  
cucumber cous-cous salad **V X**  
warm garlic naan bread **V**  
dolmas  
cookies

### SOUTHWESTERN

**Athletic Space \$23 | Banquet Space \$25**

tortilla chips with salsa and guacamole **G D X**  
quinoa with avocado, tomato, cucumber **G D X**  
romaine with trevisio, roasted corn, cilantro  
vinaigrette **G D X**  
marinated flank steak fajitas **G D**  
tequila & citrus marinated shredded chicken **G D**  
vegetarian fajitas **G D X**  
warm flour tortillas  
cookies

**G** gluten free    **D** dairy free    **V** vegetarian    **X** vegan



## SKYBOX CONCESSIONS

Add on to any previously listed buffet or select two or more items to create your own buffet.

BOWL CHILI \$4 **G**

FULLY LOADED NACHOS \$8 **V**

TOTCHOS \$9 **V**

TATOR TOTS \$5 **V**

CHICKEN TENDERS \$9

CORN DOG \$8

HOT DOG \$8

CHILI DOG \$11

MAC SLIDER \$7

PIZZA BY THE SLICE  
\$3.50 CHEESE | \$4.25 PEPPERONI

GOURMET POPCORN \$2.50 **G D X**

CHIPS \$2.50 **G D X**

COOKIES \$3 **V**

CANDY \$3

CHEF'S CHOICE \$TBD

## BREAKFAST CONCESSIONS

COFFEE \$3.50 **G D V X**

FRUIT CUP \$4 **G D V X**

PASTRIES \$3 **V**

ORANGE JUICE \$1.50 **G D V X**

YOGURT PARFAIT \$5 **V**

CINNAMON ROLL \$3 **V**

PROTEIN BAR \$2.25 **V**

**G** gluten free    **D** dairy free    **V** vegetarian    **X** vegan

### Donated Keg Policy

All event attendees and spectators need to have a wristband to be served alcohol. Two colors of wristbands are given out daily at the event check-in table, one for members and one for guests. Event attendees and spectators are not served unless they have a wristband. Keg service takes place in four-hour windows with an hour break before the next service.

## **Check-In Procedures**

The external organization works with the MAC athletic events coordinator and Sport Committee staff liaison to get first name, last name, and email addresses for all event attendees and spectators two weeks prior to the event. Three business days prior to the event, all event attendees receive an email with the QR code to use for access to the club and parking information. Then, 24 hours prior to the event, a reminder email is sent with the same information. If there are late additions to the event roster, guests need to use the kiosk at the Main Entrance to check in and receive a printed QR code.

## GENERAL CLUB RULES

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### **Dress Code**

MAC's Dress Code was established by the House Committee to make the club a comfortable place for children and families, and a first-class destination for business functions and fine dining.

- Athletic clothes that are visibly dirty or have visible perspiration on them are not allowed in social areas. Social areas include the Ballroom, Main Lobby, Reading Lounge, Stadium Terrace, Cornerstone Lounge, Centennial Lounge, first-floor restaurants, and second-floor hallway. No athletic towels are allowed in dining spaces.
- Attire not allowed in social areas of the club includes: spandex-type athletic shorts, cut-off shorts, shorts or skirts that are shorter than mid-thigh length, clothing with offensive writing or images, midriff-baring clothing, and shower sandals. Bare feet also are not permitted.
- While in athletic areas, guests must wear suitable attire for the activity in which they are participating.

### **Emergency Contact**

If there is an emergency, please notify the closest MAC staff or athletic event coordinator. The athletic event coordinator will notify the Manager on Duty immediately.

If there is an emergency that is outside of the main building, please call the Manager on Duty at 503-341-7242.

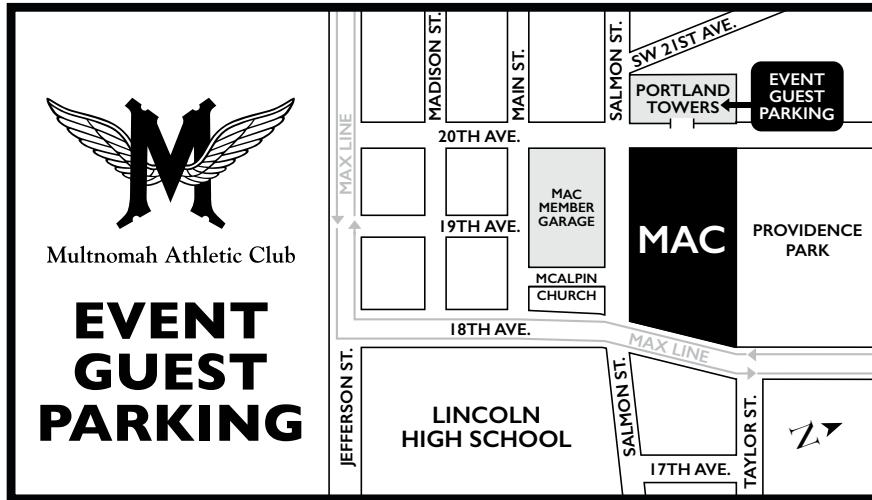
### **Electronic Device Usage**

- Cellphone calls can be made only in hallways, lobby, or phone banks. To receive a call, move to an area where quiet conversations are allowed.
- Cellphone calls are not allowed in wet areas, restrooms, and showers.
- Photography and video/audio recording are not permitted in the event locker room.
- Photography and video/audio recording are permitted in other areas of the club with prior consent from the subject(s).

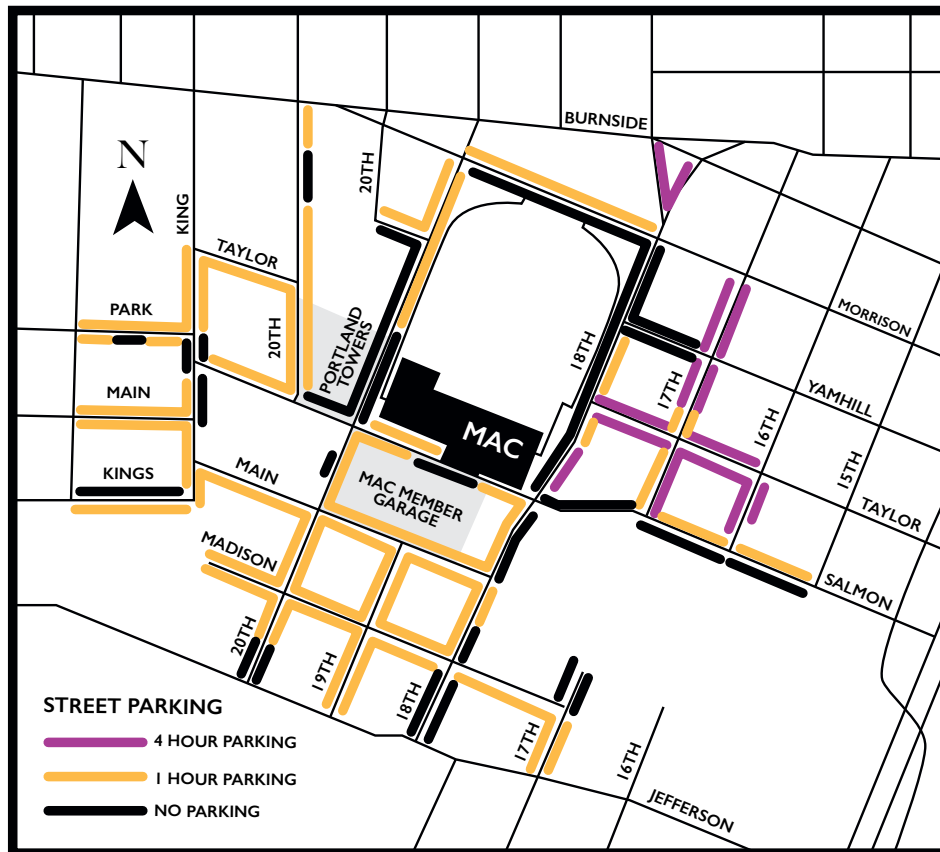
# PARKING AND TRANSPORTATION

## Portland Towers

Event guest parking is not permitted in the member garage. Limited guest parking may be available in the Portland Towers garage on SW 20th Avenue, across the street from the west end of MAC. Please see parking map below. There is an event guest fee of \$10 per vehicle, which can be paid at the kiosk located near the entrance of the garage.



## Street Parking







**Disabled Parking Permits**

Parking for persons who are disabled is available in the Parking Structure and Turnaround. Temporary or special Disabled parking requests should be directed to the club’s parking manager.

**Turnaround**

There are two wheelchair-accessible parking spots and one ADA stall in the the Turnaround. Aside from these, the area in front of the main clubhouse is for loading and unloading only. Drivers must remain with their vehicles at all times. Vehicles parked in violation of this policy may be towed at the owner’s expense and liability.

**Bicycles**

Guests who bike to the club can use their own locks to secure their bikes to one of two bike racks. One is located off the Turnaround in front of the Athletic Entrance, and another is situated outside the bike cage on the first level of the Member Parking Structure.

**Alternative Transportation**

Guests are encouraged to take alternative transportation to the club via TriMet or Lyft. TriMet’s MAX Blue and Red lines serve the area. The Providence Park MAX station is across the street from the stadium entrance. Bus lines 15-Belmont/NW 23rd, 20-Burnside/Stark and 24-Fremont/NW 18th all run near Multnomah Athletic Club. Busses on the 6-ML King Jr line stop three blocks south of Providence Park on SW 18th Ave. Please visit [trimet.org](http://trimet.org) for current schedules.

Use \$3 off Lyftcode: **2024MAC**.





(left) The Sports Pub (right) Joe's

## SOCIAL SPACES USAGE

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Event attendees are allowed in the social space where the competition is held. For example, racquetball players and spectators are allowed in the Racquetball Lounge. All other social spaces are off-limits.

### Dining Spaces

- Event attendees can access two MAC dining options, The Sports Pub and Joe's
  - Guests can pay only with a credit card
  - Event attendees must be 18 years of age or older to dine at The Sports Pub without a guardian. They may eat unattended in the dining space outside of the Sports Pub known as the Cornerstone Lounge.
- Dining Hours of Operation
  - The Sports Pub: 6 a.m.-10:30 p.m. Monday-Friday, 11 a.m.-10:30 p.m. Saturday, 11 a.m.-8 p.m. Sunday
  - Joe's: 6 a.m.-7 p.m. Monday-Friday, 8 a.m.-4 p.m. Saturday, Sunday 7 a.m.- 2 p.m.
  - Hours are subject to change
- The Sunset Bistro and 1891 can only be accessed as part of a member reservation.
- Mporium is located just inside the Main Entrance on the first floor of the clubhouse. MAC's in-house destination for athletic gear, fashion, and home décor is credit card-only.
- Locker Rooms: Usage is based on the event. All other locker rooms are not allowed. The athletic event coordinator notifies the external organization where the event locker room is located. MAC is not responsible for any personal items. Event attendees are encouraged to keep all personal items with them at all times. No guest lockers are available.
- Athletic Spaces: Athletes are allowed only in the athletic space in which they are competing. The athletic events coordinator clarifies what those athletic spaces are during initial planning meeting.



SPECIAL MAC RATE HOTELS

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MAC members receive a year-round 15% discount. Book online with the code "PHMUAT" or using the links below. Members can also call the hotel directly and request the MAC rate. An additional 5% discount is applied through February 2024.

**Hotel Deluxe**

.46 miles  
729 SW 15th Ave.  
hoteldeluxeportland.com

**Sentinel Hotel**

.65 miles  
611 SW 10th Ave.  
503-224-3400  
sentinelhotel.com

**The Dossier**

.76 miles  
750 SW Alder St.  
503-294-9000  
provenancehotels.com/dossier-hotel

**Hotel Lucia**

.88 miles  
400 SW Boadway  
503-225-1717  
hotellucia.com

## ATTRACTIONS AND AMENITIES NEAR MAC

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*There's a lot to do and see right around the corner from Portland's oldest social and athletic club!*



### MUSEUMS & PARKS

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#### **Washington Park, Japanese Garden, and International Rose Test Garden**

[washingtonparkpdx.org/attractions](http://washingtonparkpdx.org/attractions)

**Bus:** Board #18 at 19th and Salmon. Get off at SW Kingston and Japanese Garden. Approximately 30 minutes.

#### **Oregon Zoo**

[oregonzoo.org](http://oregonzoo.org)

**Fees:** Adults (12-64) \$11.50; Youth (3-11) \$8.50; Seniors (65 and older) \$10

**Parking:** Fees mirror downtown Portland's hourly rate of \$1.60/ hour with a \$4 daily maximum during the non-peak season (April 1-Sept. 30) and a \$6.40 daily maximum during peak season (Oct. 1-March 31).

**Light rail:** Board MAX Blue Line to Hillsboro at 18th and Salmon. Get off at Washington Park MAX Station. Approximately 15 minutes.

#### **Portland Children's Museum**

[portlandcm.org](http://portlandcm.org)

**Hours:** 9 a.m.-5 p.m.

**Fees:** Ages 1-54 \$10; Ages 55 and older and military \$9

**Light rail:** Board MAX Blue Line to Hillsboro at 18th and Salmon. Get off at Washington Park MAX Station. Approximately 15 minutes.

#### **World Forestry Center**

[worldforestry.org](http://worldforestry.org)

**Hours:** 10 a.m.-5 p.m.

**Fees:** Adults: \$9; Seniors (62 and older) \$8; Children (3-18) \$6

**Light rail:** Board MAX Blue Line to Hillsboro at 18th and Salmon. Get off at Washington Park MAX Station. Approximately 15 minutes.

#### **Pittock Mansion**

3229 NW Pittock Dr.

[pittockmansion.org](http://pittockmansion.org)

503-823-3623

**Fees:** Adults \$10.50; Seniors (65 and older) \$9.50; Youth (6-18) \$7.50

**Bus:** Board #20 on West Burnside and NW 20th towards Beaverton Town Center. Get off at W. Burnside and NW Barnes. Walk  $\frac{3}{4}$  of a mile to Pittock Mansion

#### **Tom McCall Waterfront Park**

**Hours:** 5 a.m.-midnight

The park includes a boat dock, accessible restrooms, fountain, historical site, paved paths, public art, and seasonal and special events. Biking is allowed except when posted otherwise for certain events.





### **Portland Art Museum**

1219 SW Park Ave.  
portlandartmuseum.org  
503-226-2811

*Hours:* Closed Monday; 10 a.m.-5 p.m. Tuesday, Wednesday, Saturday, and Sunday; 10 a.m.-8 p.m. Thursday and Friday

*Fees:* Adults \$15; Seniors (55 and older) and college students \$12; Children (17 and younger) no cost

### **NW 23rd Avenue**

Sometimes called “Trendy-Third,” NW 23rd Avenue is lined with shops that sell high-end furniture, fashions, housewares, and beauty products. Take a walk down the street and see what strikes your fancy. Local restaurants and coffee shops can help complete your morning, afternoon, or evening.

*Bus:* Board #15 at SW 18th and Morrison (near Providence Park) and get off at any stop along NW 23rd.

## **SHOPPING**

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### **Pioneer Square**

thesquarepdx.org  
Located in the heart of downtown Portland, this bricked urban park is sometimes called “Portland’s Living Room.” It is surrounded by high-end department stores, independent local stores, and familiar brand stores, many located in the adjacent indoor mall, Pioneer Place. There are also coffee shops, restaurants and movie theaters that make for a fun-filled walk around downtown.

*Light rail:* Board MAX Red Line to Airport, or MAX Blue Line to Gresham. Get off at Pioneer Square.

### **Saturday Market**

108 W. Burnside St. (at the north end of Tom McCall Waterfront Park)

portlandsaturdaymarket.com

Operating since 1974, the Portland Saturday Market is the largest continually operating outdoor arts and crafts market in the nation. Centered in Portland’s historic Old Town, the market is one of the most popular shopping destinations for local handcrafted goods.

*Hours:* March through Christmas Eve, 10 a.m.-5 p.m. Saturday, and 11 a.m.-4:30 p.m. Sunday

*Light rail:* Board MAX Red Line to Airport, or MAX Blue Line to Gresham. Get off at Skidmore Fountain.

## **DRUG STORE/PHARMACY**

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### **Walgreens**

21st and Burnside  
503-295-6480  
*Hours:* 8 a.m.-10 p.m. daily

## **HOSPITAL/URGENT CARE**

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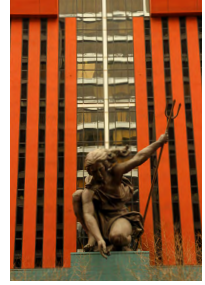
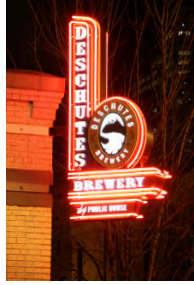
### **Legacy Good Samaritan Hospital**

1015 NW 22nd Ave.  
503-413-7711

### **ZoomCare – Pearl District**

202 NW 13th Ave.  
*Hours:* 8 a.m.-8 p.m. weekdays; 9 a.m.-5 p.m. weekends





## GROCERY SHOPPING

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### **Fred Meyer**

20th and Burnside

503-273-2004

*Hours:* 7 a.m.-11 p.m.

### **Zupan's Market**

2340 W Burnside

503-497-1088

*Hours:* 6 a.m.-10 p.m.

### **Safeway**

1030 SW Jefferson

503-205-1849

*Hours:* 5 a.m.-midnight Sunday-Thursday;

5 a.m.-1 a.m. Friday and Saturday

### **Trader Joe's**

2122 NW Glisan St.

971-544-0788

*Hours:* 8 a.m.-10 p.m.

## BANKS

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### **U.S. Bank**

2000 SW Morrison St.

503-275-4850

### **Chase Bank**

2364 W Burnside St, Suite 1

503-238-3366

### **Bank of America**

221 NW 21st Ave.

503-279-3200

### **Wells Fargo**

1972 W Burnside

503-923-6071

### **Wells Fargo**

2121 W Burnside

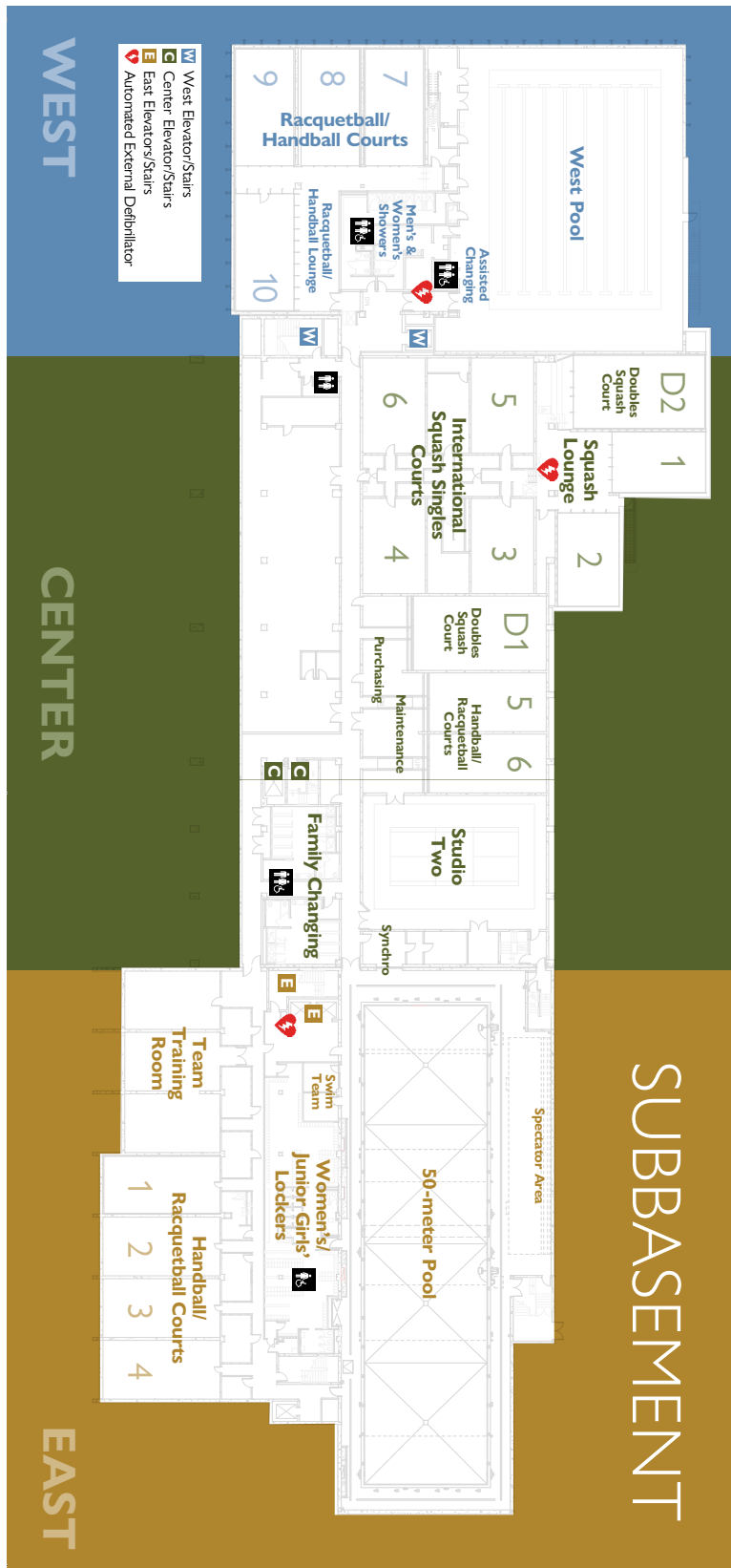
503-525-0932

### **Key Bank**

2057 W Burnside

503-226-7283

# FACILITY MAPS: SUBBASEMENT



FACILITY MAPS: MEZZANINE



# FACILITY MAPS: BASEMENT





FACILITY MAPS: FIRST FLOOR



# FACILITY MAPS: SECOND FLOOR

